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ASSOCIATION OF CARIBBEAN OCCUPATIONAL THERAPISTS NEWSLETTER

Website: www.occupationaltherapyjamaica.com



Conference Invitation

The Occupational Therapy Association of Jamaica takes pleasure in inviting you to attend the 13th Biennial Scientific Conference of the Association of Caribbean Occupational Therapists to be held in New Kingston, Jamaica on November 2nd –4th, 2017 at the Jamaica Pegasus Hotel The business meeting will be on November 4th.

For those of you who have never visited Jamaica, this would be an excellent opportunity to attend a professional scientific conference AND explore some of the mystique of JAMAICA. To those who have been before, we would love to welcome you back and encourage you to discover some of the attractions you didn't get to visit the last time you were here. Our colleagues in the Diaspora...what a great opportunity to see what's happening at *HOME!*

Dunns River Falls, Green Grotto Caves, Chukka Caribbean Adventures, Dolphin Cove, Mystic Mountain, Treasure Beach, YS Falls, Black River Safari, Port Royal, Cool Runnings Water Park and Hollywellare just a few of the *many, many* attractions and places of interest....... And **don't forget** the gastronomic experience!!

As your hosts OTAJ members will be happy to make suggestions. Please visit the Jamaica Tourist Board's website www.visitjamaica.com for additional information.

In selecting the topics for scientific presentations, we have tried to cover many of the areas of our practice as well as to address the peculiar challenges we face as occupational therapists working in the Caribbean. We are sure the topics under the theme: "OCCUPATION THERAPY, TWENTY-FIVE YEARS OF MAKING WAVES AND BUILDING BRIDGES" will be interesting and professionally stimulating. We've attached the itinerary (on page 10).

All conference related information is on the ACOT website www.caribbeanot.com including FAQs on the conference page. We want to prepare adequately so send in your registration form as soon as possible. Keep checking the conference page as new information is added regularly! Send registration forms and address all inquiries to acotconference@gmail.com

Follow OTAJ and ACOT on

Facebook.

Instagram @acotconference There is a great competition open to attendees of the conference...Let's see how creative and innovative you are!

Continuing education credits will be granted by the Council for Professions Supplementary to Medicine in Jamaica.

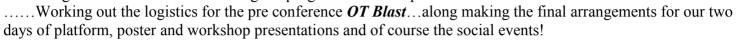
Please share this invitation widely with all your professional contacts.

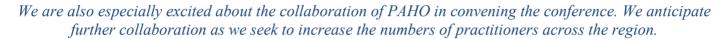
Looking forward to Making Waves and Building Bridges with you when we see you in **JAMAICA** where once you go you know!!

......from the desk of THE PRESIDENT

Summer is almost behind us and in a matter of weeks our administration will demit office at the Biennial General Meeting held at the conclusion of the Scientific Conference in New Kingston, Jamaica November 2-4!!

This has been a very busy two years, culminating with all the plans associated with convening our conference.... Finalizing the programme for the presentations





In addition to conference planning, we continue to field inquiries for jobs, volunteer opportunities and student placements in the Caribbean. We've tried to streamline the administration of ACOT, improve our communication, support our members and gain recognition for ACOT as a regional body. We also hope to offer support to the five 'Pioneer' Occupational Therapists who will graduate this year from the programme at the University of Guyana as well as identify scholarships for students.... Busy, busy busy!!

With three training programmes in the region, we hope one day that the cadre of Caribbean Occupational Therapy professionals will increase to meet our needs. *Can you help?* Lesley Garcia at USC Trinidad, Janet O'Flynn at FSRL in Haiti and David Thomforde at UG in Guyana, would appreciate any assistance for fieldwork placements, adjunct lecturers etc...

This year our region has been ravaged by Hurricane's Irma, Maria and Jose. Our thoughts and prayers are with all the island states that suffered as a result of these catastrophes!

So as we prepare to pass on the baton, I'd like to thank my fellow executive members – Stephanie Llanos -VP, Melanie Buge –Treasurer, Rachael Gaunt- Secretary, Lesley Garcia – WFOT representative and Janet O'Flynn – 5th Member for their support over these past two years. The voluntary positions and our desire to fulfill our obligations to our fellow constituents coupled with the demands of work, family and ourselves really challenged our concept of *balance!*

Thanks also to country reps Janet O'Flynn (Haiti), Cyd Birch-Prescott (Barbados) Pauline Watson Campbell (Jamaica), Stephanie Llanos (Trinidad and Tobago) and Ken Figueira (Cayman) for their support in liaising between the national associations and ACOT.

Thanks also to our Committee chairs – Dionne Nmai and Janet O'Flynn for doing their best to fulfill the objectives.

We're sure you will find this edition of our quarterly newsletter informative. Thanks to Dionne and her team for compiling all the country reports and other features of interest......Enjoy AND *see you in November!!*

Fleur Minott Nembhard

ACOT President Nov 2015- Nov 2017

Editor's note.....

What a pleasure it has been to work with such a talented group of Occupational Therapist's over the last two years. When I accepted a job in the Grand Cayman I had no idea what an opportunity awaited. I worked in a busy city of millions where "oh so you find people jobs?" was the most common response I got after revealing my profession. However on an island with an approximate population of



60,000 I have seen a growth...a development. Two private practices on our island now offer Caymanian internships and the word is spreading. Occupational I Therapy is on the map! In an ever growing healthcare world I am privileged to witness the growth of our profession as the value and worth of what we do is recognized.

In 2015 I went to Trinidad for the Association of Caribbean Occupational Therapist's biennial conference. There I had the opportunity to meet professionals from all areas of practice and engaged in some mirror therapy myself!

November the first brings us our 'OT Blast' a community based OT project carefully organized by the conference committee. Official conference schedule starts on November 2nd and I couldn't be more excited. There are a range of speakers and it is guaranteed to be an informative experience! Now let us not forget that we are going to be in the beautiful country of Jamaica. The warm culture, beautiful scenery and lively Kingston scene are destined to please.

Our current president Fleur Minott Nembhard is very gracious in her reign however the hard work and dedication she has applied to the post must be recognized. As we all know the demands of your job and personal life are often enough however she has led the Association of Caribbean

Occupational Therapist's with consistent enthusiasm from day one. We thank you Fleur! As I am on a role with saying thank you I must say a HUGE thank you to all who are a part of ACOT, thank you for responding to my emails and thank you for providing content for this newsletter!

Díonne Nmaí Chair of the OT Promotion committee 2015-2017



OT FACTS AND MYTHS



Pictured: Cyd Birch-Prescott, President of Barbados Occupational Therapy Association

Myth: "Occupational Therapy and Physical Therapy are the same"

OT Fact: Occupational Therapy focuses on the things we do every day that we take for granted. For example, getting dressed, going to work, feeding yourself, participating in leisure activities, personal hygiene and play. Occupational therapists seek to enable individuals to be as independent as possible and do as much as they can for themselves. Physical Therapy on the other hand focuses primarily on movement and mobility.

Geriatric Myths:

Myth: "Older persons with cognitive problems can just sit all day long and do nothing."

OT Fact: Older persons with cognitive problems can be engaged in purposeful activities and discussions on past and present events in moments of lucidity.

Myth: "Older persons should be pushed out of the workforce once they reach 60."

OT Fact: Work, occupation and use of time may change; however, the older person has much to offer and is capable of functioning and contributing.

Mental Health Myths:

Myth: "Once Mad, Always Mad"

OT Fact: With medication and supportive therapy, an individual who has mental health issues can function independently

Myth: "That medication will get you mad"

OT Fact: The medication helps relieve the symptoms: Side effects will/may be present and must be discussed

Myth: "If you had a nervous breakdown, it means you are weak"

OT Fact: Some individuals have difficulty managing stress/situations and may feel vulnerable and anxious. Those persons may require supportive therapy and medication (for short period).

Myth: "I am feeling good, so I don't need to take my psychiatric medication anymore"

OT Fact: You must always take your medication as prescribed. Any changes require and must be discussed with your doctor.

Myth: "When you mix up with dem people (psychiatric patients), you get just like them."

OT Fact: Mental illness is not contagious.

Pediatric Myths:

Myth: "Autism can be fixed/cured."

QT Fact: Autism is a lifetime disorder which can be managed with Occupational Therapy and other treatment.

Myth: "Special needs children should not be disciplined."

OT Fact: Discipline and a structured environment is essential for the wellbeing and growth of any child.

Myth: "If you cut a child's hair he wouldn't talk"

OT Fact: There is no correlation between speech development and hair growth.

Myth: "Children should be seen and not heard..... so they should be quiet"

OT Fact: Engaging children in conversation develops cognitive skills especially thinking, reasoning, memory and problem solving.

Orthopedic Myths:

Myth: "You can catch carpal tunnel syndrome from the computer."

OT Fact: Carpal tunnel syndrome can be caused by various mechanical or pathological causes. It is treatable and people recover from it.

Myth: "When a person has a fracture of the arm/wrist, we should massage the arm."

OT Fact: Most fractures or a joint dislocation require a cast or orthosis immobilization to facilitate the healing of the structures. It is important to follow the doctor's and the occupational therapist indications for immobilization. You should not massage the arm if it is not advised by the medical team as it can affect the recovery.

Myth: "I need to be seen an OT, only after the cast if removed or after surgery."

OT Fact: It is better to involve the occupational therapist before the surgery, and during the restriction period to avoid complications such as complex regional pain syndrome, contractures from scar tissues, and promote better outcomes.

Physical Medicine Myths:

Myth: "I had a stroke and now I am handicapped."

OT Fact: A stroke can be devastating; however, presentation and symptoms differ across the board. Occupational therapists teach individuals how to cope with such, as well as how to as to be as independent as they can within their environment.

Myth: "Give a ball to squeeze after a stroke"

OT Fact: Squeezing a ball after a stroke causes tightness in one set of muscles and weakness in the opposing muscle. Following the evaluation, your occupational therapist will prescribe specific activities and exercises to improve hand movement and function following a stroke.

Myth: "Put a nutmeo under the tongue after a stroke"

OT Fact: This practice is very dangerous as one can choke on the nutmeg.

Myth: "Following a stroke, rubbing a person's arm from shoulder to fingers will get the swelling "out" the fingers."

OT Fact: Basically it is the principal of sending inflammation towards the lymph nodes/ body circulatory system for removal and not down into the finger tips/ toes where it has nowhere to go.



Haiti

laland	HAITI
Island	
On island Occupational Therapists	There are at least 8 practicing OTs in Haiti. (If OTs come from other countries as short-term volunteers, we do not always know they are there.) - 9 full members of AHE/HAOT (4 overseas), 5 associate members (students); 2 honorary members
Regulatory body information	At present there is no regulatory process for OT in Haiti. The AHE/HAOT will need to petition for regulation by the Ministry of Health (MSPP: Ministére de Santé Publique et Populacions)
Upcoming continuing education	. In June 2017 we had a two-day conference on Neurological Conditions and current forms of therapy. On December 8 & 9 we will have a seminar for the practicing therapists who will supervise FSRL students in clinical placements. The seminar will be led by visiting OT faculty from the U. de Sherbrooke, Canada.
Available Posts	FSRL (UNEPH) has a need for full or part-time volunteer faculty for first and second year students. Volunteer posts can be as short as one afternoon, or as long as four weeks.
Country Rep Contact Details	The country representative is Janet O'Flynn. Email: dean@haitirehab.org Mobile: 1 (315)708-5820 Facebook: Association Haïtienne D'Ergotherapeutes Association Address: TBA







Competition #acotconference2017 #acotcompetition2017

- 1. Upload 1 post. Show a before and after picture. (Using the Instagram app allows for more than one picture at a time). Before pic: Materials used. After pic: completed device.
- 2. Description of device: Name, list materials used, conditions it helps.
- 3. 3. Follow and tags.
- 4. Follow us at #acotconference
- 5. Like this post as well as your own
- 6. Use hastag #acotconference, #acotconference2017-09-26 tag @acotconference and fellow OT's/rehab professionals.
- 7. Winners will be judged on the following criteria: Creativity (10), usability (7), adherence to competition rules (3).
- 8. Deadline and winners announcement: October 13th, 2017. Three winners will be chosen and notified via their Instagram account. 1 entry per Instagram account allowed.

Cayman Islands Occupational Therapy Association Ltd (CIOTA)



	Working	
	Cayman Islands Occupational Therapy Association ltd (CIOTA)	
Occupational Therapist Total Number of OTs	There are 13 OTs in Cayman islands:	
working	• 7 – Government Service	
National Association	4- Private Practice Authority (Cooper Towns)	
members	2 -Health Service Authority(George Town Hernital)	
Number of ACOT members	Hospital) Eleven Members of CIOTA	
itamizer of Aeor memzers	Four Members of ACOT	
	roul Members of ACOT	
Regulatory body	OT's registration body is Council for Professions Allied	
information	with Medicine (CPAM). The OTs employed by Department	
	of Education are exempt from this process	
Upcoming Fundraising	CIOTA require a meeting to plan upcoming fundraising	
events	events.	
Upcoming continuing	An annual healthcare practitioner conference is due to	
education	be held in October over two days in our seven mile beach	
	Ritz hotel.	
Other News	Young Caymanian's interested in pursuing careers in	
	Occupational Therapy have relished opportunities to	
	spend days shadowing government workers and private	
	practitioners alike. Interviews have been held to support	
	further study of interested parties and a private practice	
	has set up an apprenticeship scheme. The	
Country Rep. contact	The country representative is Kenneth Figueira	
details	Email: fig@candw.ky	
	Mobile: (345) 927 2912	
	Address: P.O.Box-11188 KY1-1008, Grand Cayman.	
	CAYMAN ISALNDS	



Kenneth Figueria presenting at ACOT conference, 2015 in Trinidad and Tobago.

ACOT conference schedule

	Category	Title + presenter	Type
Thursday			
Thurs 10.30-11.45 .m	Adult Physical Dysfunction	Orthopedic shoulder rehabilitation for the OT: Part 1	Workshop
		Salavador Bondoc, Quinnipac University, Conneticut, USA	
		Salavador Bondoc, Quinnipac Oniversity, Conneticut, OSA	
Thurs 11.45- 1 p.m	Adult Physical Dysfunction	Orthopedic shoulder rehabilitation for the OT: Part 2	Workshop
		Salavador Bondoc, Quinnipac University, Conneticut, USA	
Lunch 1-2 p.m			
Thurs 2.00 p.m- 2.20 p.m	Higher Education	Use of Fair Trade Learning in an Interprofessional program	Oral
		Julie Booth, Quinnipiac University, USA	presentation
	Paediatric community based	Combing centre based and community based practice	Oral
		Pauline Watson Campbell- Jamaica	presentation
Thurs 2.20- 2.40 p.m	Higher Education	Contextual influence on initiation of OT programs in	
	0	countries where few or no programs exist- William	
		Roberts, PhD student, Colorado State University	
	Pediatric and Adolescent	Waves of opportunity to build community	Oral
	community based	Linda Kally, Dagada Campunity, Callaga, Nay, Oylaana	nuccontation
		Linda Kelly, Degado Community College, New Orleans, Louisiana, USA	presentation
Thurs 2.40-3.00 p.m	Higher Education	Ecology of Human Performance model-Level 1 fieldwork-	Oral
		Alma Abdel-Moty, Florida International University	presentation
	Pediatric and Adolescent	Understanding cultural influences on play:	Oral
	community-based	Caregivers/parents perspective on Pediatric play- Hannah	presentation
		Jacobs, Belmont University	
Thurs 3.15-3.35	Higher Education	Needs assessment: Caribbean OT survey- University	Oral
		Southern Caribbean-	presentation
		Lesly Garcia, U. Of Southern Caribbean	
	Pediatric community based	Keeping families together through empowering	Oral
		caregivers- Ashley Kahlia	presentation
Thurs. 3:35-	Adult	Keeping families together through encouraging, educating	Oral
3:55		and empowering caregivers of children with special	presentation
3.33 		needs- Ashley Kahila, Respire Haiti	presentation
Thurs. 3:35-	Adult	Key to successful recovery from stroke: group approach	Oral
3:55		Melanie Buge- Barbados	presentation
	Community based	Rehabilitation Photovoice -	Oral
		Tim Zerwic, Belmont University	presentation

Friday			
Fri 8.00-9.30 a.m	Pediatrics	The developmental importance of vision and posture: The bridge to mobility	Workshop
		- Teresa Plummer, Belmont University	
Fri 9.30-10.00	All topics	POSTERS- FIRST HALF (see list below)	POSTERS first half
ri 10.00-10.30	All topics	POSTERS- SECOND HALF (see list below)	POSTERS- SECOND HALF
ri 10.30-11.45	Pediatrics	Designing evidence-based group intervention programs for individuals with autism spectrum disorders (ASD) Part 1-Elizabeth Grant, Jocelyn Warren, University of Louisville Autism Center at Kosair Charities	Workshop
Fri. 11:45 – 1 p.m	Pediatrics	Designing evidence-based group intervention programs for individuals with autism spectrum disorders (ASD) Part 2-Elizabeth Grant, Jocelyn Warren, University of Louisville Autism Center at Kosair Charities	Workshop
		Lunch 1-2 p.m	
Fri.: 2-3:15	Mental Health &	A holistic cognitive-behavioural approach to improve outcomes of chronic pain management- Teina Daley, Bronx Veterans' Medical Centre, NY, USA	Oral presentation
	Physical Dysfunction		
Fri.: 3:15 -3:35	Mental Health	Eating you up: Effects of an eating disorder on occupational performance	Oral presentation
		Camilla Cox, UK	
Fri: 3:35-3:55-	Mental	Building communities of support for patients recovering from illness	oral
	Health and Physical Dysfunction	Camilla Cox, UK	presentation

in Trinidad and Tobago- Anastasia Raquel Martinez, St. Ann's Psychiatric Hospital Trinidad & Tobago and doctoral student. Boston University	cupational therapy-
Adelescent community based The Days for Girls menstrual hygiene and reproductive health program to empower young women in Halti – Patty Coker-Bolt, Medical University of South Carolina Higher Education Cultivating analysis of students' professional growth using magazine picture collage –Alma Abdel-Moty, Florida International University The contextual influences on the initiation of occupational therapy education programs in countries where few or no other programs exist – William Roberts, Colorado State University Physical dysfunction Mirror therapy and task-oriented training for stroke hemiplegia Salvador Bondoc, Quinniplac University Community based Rehabilitation PhotoVoice in Leogane, Halti- Tim Zerwic, Belmont University Mental Health Psychiatric relapse and hospital readmissions: A qualitative study to explore the perspective of persons of persons living with serious mental illness in western Jamaica-Debra Roof, UK Pri, 10-10:30 Community based Introduction of OT Occupational therapy in Guyana- Deoranie Babulali, Maria Shine Villareal, University of Guyana Introduction of OT Deoranie Babulali, Maria Shine Villareal, University of Guyana Introduction of OT Deoranie Babulali, Maria Shine Villareal, University of Guyana Introduction of OT profession Pediatric Crossing the Divide: An Intentional Journey- Rosemarie Smith, Donette Williams, NY Opt. of Education Developing an Organization to assist with building the Infrastructure of Healthcs Educational and Community Health through volunteering-	ty of Guyana
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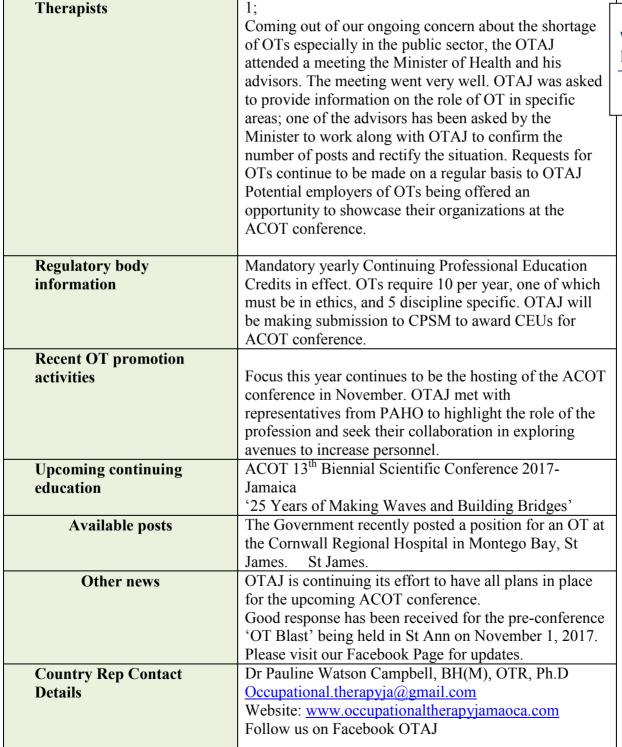
On island Occupational

Profile on: Jamaica Occupational Therapy Association

Presently registered 5; Awaiting re-registration 3; retired



Dr Pauline Watson Campbell, BH(M), OTR, Ph.D





University of the Southern Caribbean Master of Science in Occupational Therapy JOB DESCRIPTION: ACADEMIC FIELDWORK COORDINATOR

Summary of the Position:

The Academic Fieldwork Coordinator (AFC) will have an integral role in the Master of Science in Occupational Therapy (MSOT) programme and be responsible for administration and expansion of the clinical education components of Fieldwork and Service Learning. Responsibilities include fostering existing partner relationships, developing new potential sites for service learning and fieldwork education, advising students on master's experiences, and teaching experiential learning courses within the MSOT curriculum. The AFC will report to the Director of the Occupational Therapy programme.

Major Functions:

- To provide education to fieldwork and service learning sites regarding the curriculum to assist them with understanding the knowledge base of USC students.
- To assist fieldwork educators/coordinators and students in communication and strategies for success.
 - To prepare students for and support students during fieldwork and service learning placements.

Scope of Role:

Clinical education administration, clinical community liaison, service, teaching.

Job Qualifications and Skills:

- Education: Minimum degree required: Masters degree. Doctoral degree preferred or plan in place;
- Experience: Minimum four years clinical experience as an occupational therapist or faculty development plan* in place;
 - Experience: Minimum of three years clinical teaching and/or supervisory fieldwork experience;
 - Strong organizational, communication, decision-making, teamwork, interpersonal & leadership skills;
 - Current registration with T&T Council of Professions Related to Medicine
 - Supportive of the Christian service and mission of the university

Key Performance Areas:

Fieldwork and Service Learning Site Administration:

- Identify and/or liaise with potential sites for student placements;
- Create, monitor, renew all agreement contracts pertaining to OT student placements;
 - Create/maintain database of placement sites;
 - Create/maintain organized system of fieldwork files (hard copy);
 - Make on-site visits whenever possible;

Student Clinical placement support:

- Provide education and guidance to students about: o Nature of fieldwork and service learning; o Types of practice settings;
- o Meet with/consult with each student regarding fieldwork Level one and two placements; o Place/monitor each student in service learning sites and both level one (three placements) and level three (two placements) fieldwork experiences;
- o When appropriate and/or needed, design and implement an individual student learning contract within a specific fieldwork, or as part of a remediation program (individualized independent study).

Clinical Fieldwork Coordinators / SL mentors support:

- Collaborate with site coordinators to establish or renew contracts, and to obtain placements;
- Collaborate with site coordinators to establish or review fieldwork objectives (both level one and two);
- Collaborate with site coordinators to provide fieldwork continuing education to OT staff and non-staff via:
 - On-site in-service
 - Provision of fieldwork education materials
 - Invitation to annual fieldwork conference/forum

Fieldwork Educators (see Fieldwork Coordinator if the same person) and SL mentors

- Support educator's supervision of students (individual or groups)
- Provide ongoing fieldwork education via: o On-site in-service
 - Provision of fieldwork education materials
 - Invitation to annual fieldwork conference/forum

Academic:

- Monitor and review evaluations of student performance in fieldwork assignments, both level one and two;
 - Act as liaison between fieldwork education and academic programme: o Update faculty on fieldwork issues at regular faculty meetings;
 - o Provide a written summary of student performance at curriculum retreat, i.e. Fieldwork Performance Evaluation scores/comments, and feedback on level one performance.

Faculty Development Plan faculty at USc are responsive to the needs of the faculty member and their professional goals with regards to success in role in the MSOT programme. Plans may include the following" Co-teaching appointments

In service training

Allocated time for clinical practice continuing education Mentorship from OT faculty at affiliates university porgrammes

Interested persons should send their CV And cover letter to <u>garcial@usc.edu.tt</u> and to human resources hr@usc.edu.tt





The Occupational Therapy Association of Jamaica

invites you to participate in the

Occupational Therapy "Blast"

In recognition of the Association of Caribbean Occupational Therapists



BIENNIAL SCIENTIFIC CONFERENCE

Jamaica Pegasus Hotel, New Kingston, Jamaica, W.I. November 2-4, 2017

Wednesday, November 1, 2017

9am-1pm

Join Caribbean OTs to offer Free Screenings in Paediatric / Adult Centres
Transportation and lunch provided
Location to be announced

Plan to come? Let us know!

OTHER ACTIVITIES INCLUDE:

Thursday November 2nd, 2017

- Opening Ceremony
- Scientific Conference Papers, Workshops and Poster Presentations, Free Public Lecture
- Meet and Greet

Friday November 3 rd, 2017

- Scientific Conference
- Social Event

Saturday November 4th, 2017

- Business Meeting

Association of Caribbean Occupational Therapists & Occupational Therapy Association of Jamaica @@acotconference

www.occupationaltherapyjamaica.com | www.caribbeanot.com acotconference@gmail.com | occupational.therapyja@gmail.com



Association of Caribbean Occupational Therapists

13th Biennial Scientific Conference
OT BLAST Registration Form
November 1, 2017, Jamaica

OT BLAST Details

What: The OT Blast is an opportunity for OTs attending the conference to volunteer their expertise to paediatric clients in need of OT services. It is proposed that a temporary clinic will be set up in Brown's Town, St Ann and children who have been identified by local social services, will visit the clinic to be screened and receive recommendations to address some of the problems triggered. In addition, this will be an opportunity for these children to be registered with the Jamaica Council for Person's with Disabilities (JCPD), who will be collaborating with ACOT/OTAJ to conduct the event.

The event will last for about 4 hours 9am-1pm. A prepared screening document and handouts will be provided for the process. The screening document will suggest basic interventions which will facilitate its use among practitioners who are not paediatric clinicians. Screenings will be conducted in teams and in conjunction with other allied health professionals. Transportation (via bus approx. 2hrs) and all materials will be provided. Lunch will also be provided. Departure from the conference hotel – The Jamaica Pegasus will be at approximately 7:00am

When: November 1, 2017

Who is it open to: This event can only accommodate 15 Occupational Therapists and each OT must register as a Volunteer with the Jamaican Regulatory body – Council of Professions Supplementary to Medicine. This is the registration form Volunteer Application form . A limited number of students may be able to attend for observation purposes or to act as scribes only.

Cost: There is no charge to participate in **THE OT BLAST**. Return trip transportation from Pegasus Hotel to the rural town of Brown's Town is also free. Lunch will be hosted at one of the hotels in St Ann. There will be an opportunity to have a swim in the Caribbean Sea!! All costs associated with Volunteer registration will also be covered by the organizers of the Event.

How do I register for this event: Kindly Email the completed Registration Form and the completed Volunteer Application form along with the required documents to acotconference@gmail.com



OT BLAST Registration Form

Date:		
Name:	Gender: Female ()	Male ()
Qualifications:		
Years of Experience:		
Age: under 25 years () 26-6	64 years () Retired over 60 years ()	
Country of Residence:		
Email:	Contact #	
Practice Setting:		
Previous Pediatric Exper	ience: No () Yes () (Please state)	
Do you require and spec	ial assistance? Please explain	
Dietary Requirements:		(eg.
Vegetarian, Vegan)		
Completed Volunteer Ap	plication form: No() Yes()	

PLEASE SCAN IN AND EMAIL ALL REQUIRED DOCUMENTS FOR THE PROVISIONAL REGISTRATION AND SEND WITH THE APPLICATION

Trinidad and Tobago (T&T)



Country	Trinidad and Tobago NGO: Trinidad and Tobago Occupational Therapy Association
On island Occupational Therapists	-There are 25-registered OT\s
Regulatory body information	OT's must register annually through the Ministry of Health with the Council of Professions Related to Medicine (CPRM) to practice legally.
	Visit them at www.cprmtt.org
Recent OT promotion activities	Community Outreach Programmes -June 24 th 2017, TTOTA held a Health and Wellness Fair in collaboration with the Paramin Development Committee along with other private and public sector partners. The fair attracted in excess of 50 members of the
	Paramin community. The Fair was a series of interactive booths focused on Occupational Balance, Falls Prevention, Ergonomics/ Body Mechanics and Adaptive Equipment.
	Given its success, another instalment will focus on the pediatric population and will be held on the 29th & 30th of September.
	Other events TTOTA has made a presence include: -Habitat for Humanity- Women leaders continental breakfast 24 th of August -Association of Trinidad and Tobago Health Insurance Companies (ATTIC) Health Fair 19 th of August -Living Waters morning talk show 12 th of September -Cotton Tree Foundation 27 th of October
Upcoming Fundraising events	Fundraising project for 2017 was the Team HOPE venture in collaboration with Habitat for Humanity. Our next fundraising event will occur in 2018.
Upcoming continuing education	WFOT: Disaster Preparedness Program Check our page ttota.com for any updates on continuing education



Pictured above:
Stephanie Llanos
Trinidad and
Tobago country
representative and
Vice President of
ACOT.

Email:

stephaniellanos@gmail.com
Mobile: 1 (868)305-6633
Website: ttota.com
Facebook: Trinidad and
Tobago Occupational Therapy
Association
Email: ttota.info@gmail.com

Available Posts	-Full and part-time faculty position at the MSOT at USC anticipated in Sept 2016 -Full time position at South West Regional Health Authority -Part time or full time available at Opal Kids - Part time post at the Stroke & Diabetes Centre
Other News	- TTOTA elections are October 26 th 2017 AGM, the executive wont officially handover till January 2018 - The bursary committee is presently going through application to announce the September 2017

Trinidad and Tobago Occupational Therapy Association News

TTOTA Community Outreach

The Trinidad and Tobago Occupational Therapy Association (TTOTA) held a Health and Wellness Fair on June 24th in collaboration in a remote hillside community called Paramin in collaboration with the Paramin Development Committee and other private and public sector partners. The fair attracted in excess of 50 members of the Paramin community who otherwise would not have access to Occupational Therapy in their area. The Fair, the first of its kind, was a series of interactive booths focused on Occupational Balance, Falls Prevention, Ergonomics/ Body Mechanics and Adaptive Equipment. It directly impacted the community by show casing pertinent topics for the population. The fair was also an opportunity to advocate for policy makers to consider making Occupational Therapy a standard component in national healthcare. The life changing effect of Occupational Therapy was brought to life by our guest speaker, a resident of Paramin, Salome Jordan. Ms. Jordan is a testimonial to the benefits of OT as she received treatment for many years and is now able to independently care for herself and obtain a university education. This fair focused on the adult/older adult population. Given its success another installment will focus on the pediatric population and will be held on the 29th & 30th of September.

To view highlights from the Health and Wellness Fair and for more information on the TTOTA visit our Facebook page and website: www.ttota.com

Trinidad and Tobago Occupational Therapy Association News

USC Programme

The Master of Science in Occupational Therapy at the university of the Southern Caribbean is in its second year of accepting graduate students. Of the nine students in the first cohort one student, Alicia Francis, was the winner of the Rosemary Green Bursary Award in April 2017. The MSOT programme will be also welcoming a Fulbright scholar, Bill Roberts, who will be studying the contextual relevance of the indigenous curriculum. To learn more see www.usc.edu.tt.

Rosemary Green Bursary Winner – Alicia Francis

This TT\$ 10,000.00 award is given by TTOTA to a national of Trinidad and Tobago studying Occupational Therapy who demonstrates high academic standards, leadership qualities and a commitment to developing Occupational Therapy in Trinidad and Tobago in future.

Fond farewell to Rosemary Green

Originally called the TTOTA Bursary Award when it was first awarded in 2014, the award was recently renamed in honour of Rosemary Green, one of the dedicated and beloved founders of TTOTA. The renaming was done at the AGM in April of this year as a gesture of gratitude and a farewell to Ms. Green who has retired back to the UK.



ACOT CONFERENCE

SOUVENIRS



OTAJ will be offering for sale ACOT conference, theme branded **GOLF SHIRTS** to commemorate the 13th Biennial Scientific Conference in Kingston, Jamaica.

Detailed information on sizes and colours is available on the ACOT website conference page. Cost US\$25/shirt

Orders will be taken pre-conference **ONLY** and must be received by **October 13, 2017** for payment and collection at the conference. **MAKE SURE YOU GET YOURS!!**

Email us this completed form to acotconference@gmail.com

Name:

Email:

PLEASE USE SIZE CHART TO ENSURE THE CORRECT FIT

Size (Per size chart):

Colour(s) (Per colour chart):

Male { } Female { }

TOTAL Number of Shirts:

TOTAL COST:





Association of Caribbean Occupational Therapists 13th Biennial Scientific Conference

13th Biennial Scientific Conference Registration Form Kingston, Jamaica November 2-4, 2017

Date:		
Name:	Gender: Female () Male ()	
Age: under 25 years () 26-64 years () Retired over 60 years ()	Country	
Email:	Contact #	
Profession: Occupational Therapist (), Occupational Therapy Ass Allied Health Professional, (please state		
Do you require any special assistance? Please explain		
How did you hear about the conference?:A	are you interested in becoming an ACOT member?	
Do you currently receive the ACOT newsletters?		
Do you require Professional Continuing Credits for your practice license: Yes () No () Which jurisdiction:		
Practice Setting: (Physic	cal, Mental Health, Pediatrics ect.)	

CONFERENCE FEES

Resident Jamaican Attendees

CATEGORY	DAILYRATE (Includes only conf material, coffee breaks)	Also includes Lunch
Allied Health Professional	\$ 2100.00 (Jamaican Dollars)	\$4550.00(Jamaican Dollars)
Student	\$ 1400.00 (Jamaican Dollars)	\$3850.00 (Jamaican Dollars)



Caribbean and International Attendees **REVISED**

CATEGORY	DAILY (Incls. conference material, coffee and lunch breaks)	
Students and Retired OTs	\$35	(USD)
ACOT Member	\$60	(USD)
Presenter (Non ACOT Member)	\$ 70	(USD)
Non ACOT (Practicing in the Caribbean)	\$85	(USD)
Non ACOT (Practicing outside of the Caribbean)	\$90	(USD)

CHECK ONE: ACOT Member () Presenter- Non ACOT () Retired () Student () Non ACOT – Practicing in the Caribbean Non ACOT ()				
Jamaican Allied Health/ Medical Professional () Jamaican Student ()				
Conference Events to be attended: Day 1 Conference () Day 2 Conference ()				
Extra-Conference Events: Occupational Therapy Blast () Meet and Greet –Jamaica Night ()				
Friday Evening Dinner Social () ACOT Biennial General Business Meeting ()				

Events	Date	Cost	Attended By
OT Blast	November 1, 2017	FREE	Space for 15 OTs - Occupational Therapists must register as a volunteer with Council of Professions Supplementary to Medicine in Jamaica.
Meet and Greet- Jamaica Night	November 2,2017	\$35usd	Open to all
Friday Evening Social	November 3, 2017	\$45	Open to all
Dinner		usd	
Business Meeting	November 4, 2017	FREE	ACOT members only

Conference Committee Report

ASSOCIATION OF CARIBBEAN OCCUPATIONAL THERAPISTS

CONFERENCE COMMITTEE REPORT

The conference committee which consists of the host national association –OTAJ along with representatives from each other island, is hard at work making doubly sure all the arrangements are intact. Our conference theme for the ACOT 13th Biennial Scientific Conference, which will convene in New Kingston, Jamaica, November 2-4, 2017, truly represents our experiences and we look forward to building even more bridges with our Caribbean colleagues.

Dr. Sue Baptiste V.P. of WFOT is confirmed as our guest speaker and we look forward to welcoming her to Jamaica.

Our social media sub-committee continues to keep the conference in the eyes of its followers on Facebook and Instagram....are you 'following' us? We're depending on YOU to help us promote the conference!!

The Pan American Health Organization (PAHO) has agreed to collaborate with OTAJ in hosting the ACOT conference. This has resulted in a significant reduction of the registration fees. Visit the ACOT website www.caribbeanot.com to download FAQs, hotel information and a pre-registration form...we want to cater for you! Arrangements will be in place for special needs assistance including sign language interpreters. Please contact us at acotoonference@gmail.com for any and all inquiries. Keep visiting our Facebook/Instagram pages and our website for updates.

All the abstracts are in and the presenters advised. An itinerary has been drafted, presentations will include workshops, oral and poster presentations. There will be some concurrent sessions. Presenters are being asked to confirm their attendance so the final programme can be published.

This year, national associations are being asked to man their booths at dedicated times to provide information on their activities, the status of OT, job opportunities etc along with presenting a poster for viewing and being available to answer any questions. All training institutions are also invited to man a booth to provide information. Potential OT employers are also being invited to showcase their organizations.

Final arrangements are being made for the Pre-conference '**OT Blast**'. This event which will be for 4 hours, will see OTs perform screenings on children from the rural (and surrounding) area of Brown's Town in St Ann on Wednesday November 1 from 8-12pm. *We need 15 OTs for this event*. **Email us if you'd like to participate**. All expenses will be paid. SANDALS hotel will be the venue to have lunch.... Remember to bring your swimsuits!

This year we have had interest to attend from therapists in The Bahamas, Bermuda and Guyana and we are actively seeking out OTs across the region through communication with individual Ministries of Health.

Continuing education credits will be sought from CPSM in Jamaica.

The social events for the conference are also being finalized. There will be opportunities to *Meet and Greet* – Jamaica Night on November 2 after the Public Lecture and meet again for dinner and dancing at the Kingston Yatcht Club.

It's not too late to send us your suggestions of what you'd like to see or do. Remember the deadline for early bird registration at the Jamaica Pegasus- the conference venue is October 1, 2017

We look forward to welcoming you – Jamaica 2017 and THANKS for helping us to promote this event!



Fleur Minott Nembhard Conference Committee Chair 2015-2017

Association of Caribbean Occupational Therapists

Presents

The 13TH Biennial Scientific Conference



"Occupational Therapy in the Caribbean, 25 Years of Making Waves and **Building Bridges**"

Date: November 2- 4, 2017

Where: New Kingston, Jamaica



caribbeanotassociation@gmail.com @acotconference





OUR MISSION

MISSION

To promote the benefits of OT throughout the Caribbean region in creative and innovative ways by facilitating professional growth and development.

VISION

ACOT is the unifying umbrella organization supporting Caribbean Occupational Therapists to eliminate professional isolation through facilitating education, networking and advocating for the needs of the clients we serve.

Are you a member of ACOT?

If not, what are you waiting for?

There are many advantages to being a member of ACOT. At **\$25 (US) annually (or \$15.00 for** associate members and students) it is a bargain. How can we convince you? Have a look at the extensive list of advantages that we can think of to tempt you:

Networking: meet other OT's across the Caribbean, whether its attending the bi-

annual conference, using social media or other educational events.

OT news. Keep up to date with what is going on.

Access to information about what's happening in OT in the region

Opportunities for continuing education

Support for the local associations Opportunities for sharing other professional organizations Joint advocacy for clients across the

region government/ private. One louder voice instead of splintered voices Support of OTs working alone in some

territories

Liaison between training programmes and members/ member local associations Umbrella organization that can suggest/ help develop/ encourage/ guide in standards of practice and ethics of member national associations.

Central repository for information on jobs/posts/vacancies across the region. One umbrella organization for OTs

across the region that can interface with other professional bodies.

You can contact the treasurer at acotmembership@gmail.com. You can also send payments directly to the treasurer at the address below: Carib Rehab , Friendship Plantation, Hothersal Turning, Saint Michael, Barbados, BB 11032

Remember payment can be made by bank draft. The drafts should be made payable to Association of Caribbean

Occupational Therapists. Cash payments will be accepted directly by your country representative.

2017 Edition/ Issue 2

Our_website is now accessible on iOS!Ch ck out the newly revamped OTAI website: www.occupationaltherapyjamaica.com

Get involved! Tell us about **Occupational Therapy activity** in your region and actively be part of the movement to keep the profession growing!

Connect with us on Facebook:

'Association of Caribbean **Occupational Therapists'**

Website:

http://caribbeanot.com/

Email ACOT Secretary: acotmembership@gmail.com

Email Caribbean WFOT delegate: caribbeandelegate.acot@gmail.com

Email Non Membership Matters: caribbeanot@gmail.com

- Full Members All OTs resident/practicing in the region who are members of the national associations (where one exists)
- Associate members Students and other persons interested in Occupational Therapy or regional Occupational Therapists who are NOT members of their national association.